



Autumn Term 2 2026
Class 1



Who can help me?

Overview

As we move into the second half of the Autumn Term, we will be exploring the question: 'Who can help me?' This will involve thinking about people within our communities who help us. We will learn about the role of Fire Fighters and the Police and how they help to keep us safe. We will prepare to celebrate Christmas and explore traditions we have within our families.

Prime Areas

Personal, Social and Emotional

Development – Building on friendships and continuing to develop sharing, turn taking and good listening skills with our friends. Naming and exploring feelings and emotions and learning strategies to self-regulate emotions when upset or angry. Our Jigsaw topic is "Celebrating Difference".

Communication and Language – New vocabulary. Listening to and joining in with rhymes and stories (non-fiction and familiar stories). Asking questions and responding to others to gain more information and continue dialogue. Talk about ourselves and express interests and share experiences.

Physical Development – Continue to develop a strong tripod pencil grip and practice correct letter formation. Use scissors and other tools to make changes to materials. Develop rhythm and movement. Change speed and be able to stop and be still. Simple yoga poses and meditation techniques to relax.

Specific Areas

Literacy

Listening to stories about people who can help us (non-fiction and familiar stories). Continue to read and write set 1 sounds. Practising segmenting and blending sounds together to read and write simple words. Learn some high frequency (red) words.

Read short stories (ditties) and talk about what they have read.

Maths

Representing, comparing and composition of number 1,2 and 3. Representing numbers to 5. Finding one more and one less.



Understanding the World – Talking about how people can help us around home, school and the wider community. Identifying people who work for the emergency services and the role that they play to help us. Exploring the changes in the season. Preparation for traditional family celebrations at Christmas time. Our RE focus this term is ‘Why is Christmas special to Christians?’

Expressive Arts and Design – Learn to sing some new Autumn/Winter songs with actions. Use simple percussion to tap rhythms and beats. Dance and movement to music. Christmas crafts with different media and materials.

Learning at Home – You can support your child’s educational development by completing homework together.

Homework	What is expected	When will it be given?
Reading	Children will choose a library book every Monday. Please read this to / with your child and record in the reading record. Children will be reading sound blending books and/or ‘ditty sheets’ during this half term and then progress onto ‘red’ books. Continue to practise sounds in the green sound blending books. Watch phonics videos on Tapestry	Library books – Monday Sound blending books will be changed on a Monday and Friday. Ditty sheets (when ready) will be changed daily. *Please look at the memos on Tapestry to keep updated about reading activities*
Writing	Please encourage any sort of mark-making. Any opportunity for children to write their name or ‘have a go’ at writing words using the sounds they know.	On going
Maths	Please practice simple counting, matching and sorting activities.	Complete maths learning booklet given at the end of each half term.

Intended Outcome

The children will be able to speak about who can help us and what roles they play in keeping us happy and safe. They can confidently understand that we all have a part to play in the community and that we look after and support each other.

Important Diary Dates

2.11.26 – INSET day – school closed
5.11.26 – Individual and sibling photos
02.12.26 – RE Day
07.12.26 – Class 1 Nativity 1.45pm
16.12.26 – Whole school trip to the Panto!
18.12.26 – Last Day of Term – 2pm Finish

This overview shows the intended learning, which may change due to pupil interests.

