

# Summercourt Academy News



Friday 25th January 2019

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## FOSA Update

Thank you to all the parents that attended the FOSA meeting on Wednesday. We have some exciting events planned for the coming months, which we hope everyone will get involved with.

We have rearranged the school disco to a Valentines Disco which will take place on Wednesday 13th February from 6pm till 7:30pm. Tickets will be sold on the door at £2 each this will include a drink and a snack.

At Easter we will holding a sponsored community fun run in aid of Children & Adolescent Services, Treliske and School. This will take place on Friday 26th April time TBC. We will be opening the hall to all parents, family & friends for this wonderful event where refreshments and cakes will be sold. We also hope to hold a chocolate tombola. We are hoping to make this event a really fun day for all. The children will be invited to wear fancy dress with a prize being awarded to best costume.

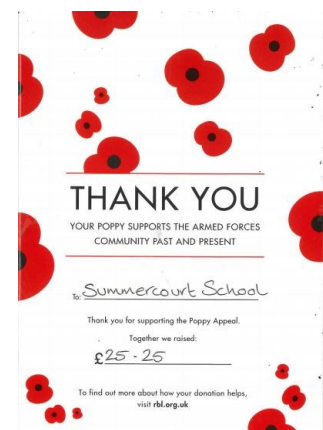
We also discussed holding a Summer fayre at the end of the Summer term, more details and arrangements will follow in due course.

With these events coming up we feel we need to start appealing now to all parents for any donations that they could provide us with which as always is greatly appreciated.

## Poppy Appeal

We have this week received a lovely card from The Royal British Legion thanking us for our donation to the Poppy Appeal.

A really big thank you goes out to the Year 6 children that very kindly gave up some of their break times and lunches to sell the Poppies to the rest of the school.



# Head Teacher's Award

Huge well done to **Pearl in Class 1** for winning this weeks Head Teacher's Award.



## Super Award Winners



## House Point Champions

- ♦ The children are organized into 3 Houses - St Enoder, Carland & Penhale.
- ♦ Each child can earn points for super work and behavior.
- ♦ The points are added up each week for each house to create a running total over the half term.
- ♦ The winning house for the half term earns a treat.
- ♦ Points get reset for the next term.

### House Points

**St Enoder: 187**

**Carland: 256**

**Penhale: 280**



# Sugar

Recently, we had an assembly on eating less sugar, and how much sugar is in different products of food. Just to make sure you are aware of your health, please do read below.

- \* The average amount of sugar a child from 4-6 should have is a maximum 5 teaspoons of sugar a day.

- \* A child from 7-9 can have 6.

- \* Anybody aged 11+ can have 7

We are shocked to tell you that in a single can of coke there are 10 table spoons of sugar! So please don't have too much!

Lots of you may think that fruits are a very healthy snack but grapes have 16g of sugar per 100g - some fruits are best enjoyed in moderation.

Everybody should have a handy and fun booklet to take home today all about eating smart and checking for levels of sugars in different foods.

By Louisa Lamb and Jess Bailey





# Uniform

Please see below a few gentle reminders regarding uniform and ask that you take a couple of minutes to read through them. Thank you.

- Correct uniform should be worn at all times, including sensible non-logo school shoes (no boots please).
- Nail polish, make up and jewellery is not permitted at school (small studs are permitted).
- Children should wear trainers for PE and not plimsolls (for health and safety reasons).
- To reduce the risk of head lice we advise that long hair is tied back.
- Please ensure children are not adding 'Jo Jo' bows to their hair which are very large. Small bows are acceptable.

# Parking

Parking outside of the school has become a concern again at drop off and pick up time.

We are regularly noticing cars parked in the bus stop, on the yellow zig zag lines and on the corner to the lane.

In the interest of children's safety please can we ensure that no one is parking in these areas as it is extremely dangerous. If you're unable to get parked directly outside of the school, there is plenty of parking available further up the road. We thank you in advance for your cooperation in this matter.



# School Dinner Menu w/b 28th January

## NEW MENU

Week three		£2.30			
12/11	03/12	07/01	28/01	25/02	18/03
Choose a main meal...		on the side...		for dessert...	
Mozzarella & Tomato Pizza with Jacket Wedges v		Green Beans		Sweetcorn	
Tomato & Vegetable Savoury Rice v				Strawberry Ice Cream	
Choose a main meal...		on the side...		for dessert...	
All Day Breakfast		Baked Beans		Raspberry Ripple Cake	
Vegetarian All Day Breakfast v		Grilled Tomatoes			
Choose a main meal...		on the side...		for dessert...	
Roast Pork with Roast Potatoes & Gravy		Seasonal Cabbage		Peach Slice	
Quorn Roast with Roast Potatoes & Gravy v		Carrot & Swede Mash			
Choose a main meal...		on the side...		for dessert...	
Beef Macaroni Bake with Garlic & Herb Bread Wedge		Broccoli		Pineapple Upside Down Cake with Custard	
Italian Frittata v		Sweetcorn			
Choose a main meal...		on the side...		for dessert...	
Salmon Fish Fingers with Chips		Peas		Shortbread Fingers with Fruit Slices	
Golden Fish Fingers & Chips		Baked Beans			
Baked Bean & Cheese Quesadilla with Chips v					

# DIARY DATES

WEDS 13th FEB - School Valentines Disco  
MON 18th FEB - Half Term Week  
MON 25th FEB—School Closed - Inset Day  
TUES 26TH FEB - Return to school  
MON 11th MAR - Tempest Photograpy - Class Photos  
THURS 4th APR - Drama Club Performance  
FRI 5th APR - Last day of Term - 2pm Finish  
TUES 23rd APR - School open - Summer Term Starts  
FRI 26th APR - Sponsored Community Fun Run  
MON 13th MAY - Year 6 SATS Week  
MON 27th MAY - Half Term Week  
WEDS 24th JULY - Last day of Term - 2pm Finish  
THURS 25th JULY —School Closed - Inset Day

## ★★★★★ Awards ★★★★★

### LEARNING FOR LIFE

**CLASS 1: Alfie N**

**CLASS 2: Erin**

**CLASS 3: Rose**

**CLASS 4: Ruth**

### HANDWRITING

**CLASS 1: Amelia**

**CLASS 2: Sonny**

**CLASS 3: Charley**

**CLASS 4: Tom**

### STAR AWARD

**CLASS 1: Lydia**

**CLASS 2: Freya**

**CLASS 3: Maisy D**

**CLASS 4: Abigayle**

### ATTENDANCE

**CLASS 1: 93.6%**

**CLASS 2: 98.3%**

**CLASS 3: 99.8%** 😊

**CLASS 4: 95.7%**

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