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By Aspens	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Backing British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Ham & Pineapple Pizza Baked Beans	Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	Chicken Tikka Masala Wholegrain Rice Spiced Roast Cauliflower	Fish Fingers Salmon or Pollock Chips and Peas
Option 2	Veggie Burger in a Bun Oven Baked Wedges Coleslaw	Veggie Delight Pizza Baked Beans	Quorn Roast Roasties and Fresh Vegetables Gravy	Sweet Potato & Chickpea Balti Wholegrain Rice Spiced Roast Cauliflower	Cheesy Bean Wrap Chips and Peas
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
Jacket Potatoes	Crispy Skin Jacket Potato with Tasty Toppings				
The Finale	Peach Cobbler & Custard	Lemon Drizzle Cake	Chocolate Brownie	Apple & Cinnamon Strudel with Custard	Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

Meat

V Veggie

Jacket PotatoPacked Lunch







Option 1

MONDAY Family **Faves**

Cottage Pie Carrots

TUESDAY

Authentic Italian

Chicken & **Sweetcorn Pasta** Bake

Whole Grain Penne Garlic Slice Green Salad

WEDNESDAY

Backing British

Roast Gammon

Roasties and Fresh Vegetables Gravy

THURSDAY

Food **Festival**

Hot Dog

Baked Paprika Wedges **BBQ** Beans

FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Mushy Peas

Option 2

Baked Bean & Veggie Sausage **Cowboy Pie** Carrots

Veggie Bolognese Whole Grain Penne

Garlic Slice Green Salad Cheese & Onion **Puff Pastry Slice**

Roasties and Fresh Vegetables Gravy

Quorn Dog

Baked Paprika Wedges **BBQ** Beans

Quorn Dipper Pitta

Chips and Mushy Peas

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Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit _

Jacket **Potatoes**

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

Rhubarb Crumble & Custard

Marble Cake & Custard

Cornflake Tart

Jelly & Fruit

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

Meat

V Veggie

Jacket Potato

Packed Lunch





By Aspens

Option 1

Option 2

MONDAY Family **Faves**

Bangers & Mash Green Beans Gravy

Mash Green Beans Gravy

TUESDAY Authentic Italian

Beef Lasagne Garlic Slice Sweetcorn

Veggie Bangers & Veggie Lasagne

Garlic Slice Sweetcorn WEDNESDAY Backing

British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy

Quorn Roast Roasties and Fresh Vegetables Gravy

THURSDAY Food **Festival**

BBQ Chicken Wholegrain Rice Broccoli

Salmon or Pollock Chips and Baked Beans

Vegan Sausage **Crunchy Topped** Macaroni Cheese Broccoli

Roll Chips and Baked Beans

FRIDAY

Fun

Day

Fish Fingers

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket **Potatoes**

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

Golden Syrup & **Apple Sponge Pudding**

Sticky Toffee Pudding & Custard

Chocolate Orange Rice **Pudding**

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

Meat

V Veggie

◆ Jacket Potato Packed Lunch

w/c 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02